

# *Art with a Heart* **in Healthcare**

**2022**  
**YEAR IN REVIEW**

# OUR MISSION

**Art with a Heart in Healthcare is a 501(c)(3) nonprofit organization that is dedicated to providing personalized, fine art experiences to patients and their families in healthcare settings that enhance the healing process.**



*Since its founding in 2001, Art with a Heart in Healthcare (AWAHH) has served more than 100,000 patients and their families at several locations in Jacksonville, FL including Wolfson Children's Hospital, Nemours Children's Health, Baptist Medical Center, and Mayo Clinic. Six days a week, AWAHH's team of professional artists, volunteers and interns develop sessions individualized to meet the needs of patients and families at the bedside or in groups.*

**Art empowers people in powerless situations.**



# 2022 AT A GLANCE

Art with a Heart in  
Healthcare served  
**more than 10,000**  
people in 2022!



**3,200+ patients**  
in behavioral health  
provided with art/  
music sessions

**260+ Art-To-Go bags**  
distributed to hospitalized  
patients

**\$75,000**  
raised at our  
annual fundraiser



AWAHIH reached  
**more than 220,000**  
accounts on  
social media!



"We saw significant benefits from art during our daughter's intensive, inpatient treatments for leukemia and are so thankful for the beautiful distraction Art with a Heart in Healthcare provided for her. It made the miserable days tolerable and even enjoyable."

-Julia, Meleah's mom



Pictured: Meleah, age 11, working on artwork in the WCH playroom for AWAHIH's 2022 annual patient art exhibition, "What Lifts You Up?"



# ART SESSIONS

## AT THE BEDSIDE AND IN GROUPS

Art sessions offered at patients' bedsides are the heart of Art with a Heart in Healthcare's (AWAHIH) mission. Our team of Artists-in-Residence meet patients where they are, transforming their dreary hospital rooms into vibrant art studios and galleries. In addition, patients and their families have the option to join our artists and other patients for art sessions in hospital playrooms. Having the opportunity to escape the confines of their rooms, exercise their imagination, and socialize with others has a significant impact on patients' healing process and hospital experience. From creating a custom piece of jewelry to painting a soothing ocean scene, making art alleviates stress, reduces perceptions of pain, and provides a source of enjoyment. Moreover, AWAHIH provides patients in pediatric, adult, and geriatric behavioral health units with art and handpan music sessions. Mental illness is at an all time high; it is more important than ever for patients to express themselves in a safe and creative way.

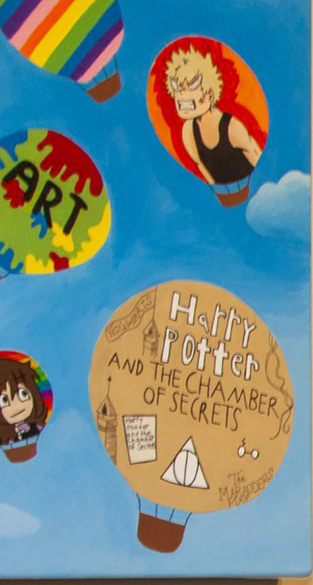


### AWAHIH offers:

- Art Requests
- Caricatures
- Clay Sculpting
- Collage
- Coloring
- Digital Art
- Drawing
- Jewelry
- Music
- Origami
- Painting







# PATIENT ART EXHIBITS

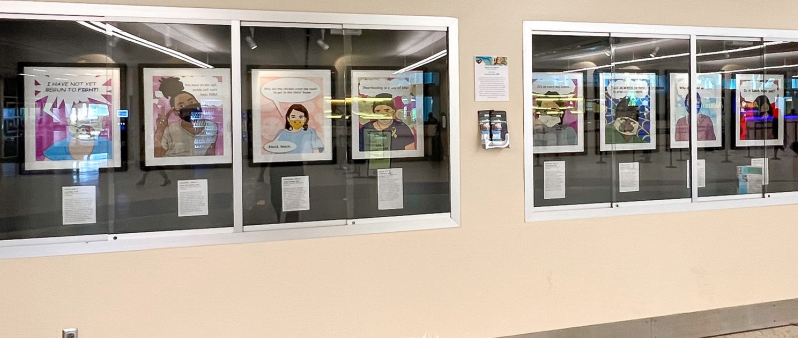
## WHAT LIFTS YOU UP?

"What lifts you up and helps you feel happy when you are going through a difficult time?," AWAHIH asked sixteen pediatric patients of Wolfson Children's Hospital. In response, patients created paintings featuring hot air balloons containing everything that helps them find happiness, hope, and healing. An opening reception was held in September to celebrate the patients' artwork that will be displayed in the Museum of Contemporary Art of Jacksonville until January 8, 2023. This show wouldn't have been possible without Florida Blue's sponsorship and support from you!





**MORE. ART. CULTURE.**



## ***BEHIND THE MASK (2021)***

This year, *Behind the Mask* has been displayed at several locations in Jacksonville including Word Revolt Art Gallery, St. Augustine Main Library, and Jacksonville International Airport.

## ***ANIMAL-GAMATION (2019)***

We were thrilled that our 2019 patient exhibit, *Animal-Gamation*, was permanently installed in Nemours Children's Health this year.



## ***A WORLD OF THEIR OWN (2018)***

In 2022, *A World of Their Own* was permanently installed in WCH. The exhibit is located in the hallway that connects the new entrance with the existing the hospital.



## ***EXPRESS YOUR SELFIE (2014)***

This year, *Express Your Selfie* was permanently installed in the new cardiology office in the One Call building, located across the street from WCH.





# FUNDRAISING



In April, AWAHIH hosted A Fine HeART Experience. Guests enjoyed dinner, a concert, and exciting raffle and auction items. One special part of the evening was listening to stories from patients and families who benefitted from AWAHIH services. Hearing their experiences helped provide insight into the impact AWAHIH makes on patients and their families, especially for guests who have never witnessed it firsthand. This event was made possible by event sponsors, attendees, and volunteers. Thanks to your support, many more lives will be touched by the gift of a fine art experience in the hospital.



*Pictured left to right: Hillary Whitaker, Board of Directors; Christy Ponder, Executive Director; Lisa Ullmann, Co-founder*

"I am so excited about the turnout of this event. All of the generous support we received from our sponsors and guests will allow us to provide more fine art experiences for patients and their families in the hospital that help to enhance the healing process."

*- Christy Ponder, Executive Director of AWAHIH*



# SPECIAL THANKS TO:

- Abigail and Isabella Kurlander
- Catie Cares and Christ Church Academy
- Cory Cook
- Episcopal School of Jacksonville, St Mark's campus
- Hillary Whitaker Gallery
- P.A.S.t.A. Professional Artists of St. Augustine - St. Augustine Art Association Gallery
- St. Paul's Catholic School Jax Beach SGA members
- Teresa Graham
- Voyagers Chiropractic
- Woodworkers of Jacksonville





# COMMUNITY EVENTS

- Healthy Communities 2022 Convening - UF Center for Arts in Medicine
- First Coast Cultural Center's Community Impact Award
- Kids Together Against Cancer (KTAC)
- TCJF Remembrance Weekend and TCJF Caring for Caregivers event
- Mayo Clinic Fall Festival
- MOCA Family Day
- NAMIWalks Your Way for Mental Health Jacksonville 2022 Kick-Off
- 5+ news publications; 2 TV news appearances

*"The mask I wear is 'normalcy', yet I am grieving."*



For the 17th annual Tom Coughlin Jay Fund's (TCJF) Remembrance weekend, AWAHIH guided families through an art project in honor of their child(ren) whose lives were taken by childhood cancer. Art is a powerful tool for coping with grief, as it helps to create a safe space, provide an outlet for complex emotions, and promote a sense of empowerment. Participants painted papier-mâché face masks, in keeping with the weekend's theme, "Masking Your Grief." Participating families appreciated the opportunity to express their feelings through art and preserve their loved one(s) legacy in a meaningful way.





## SPECIAL PROJECTS:

- Banners for WCH patients and staff
- Personalized patients' medical equipment
- Baptist and WCH window artwork for Nurses Week
- Bereavement paintings for WCH patients' families
- Holiday cards with patients for WCH fundraiser
- "Tree of Hope" painting for Baptist Medical Center Beaches
- Video with Douglas Anderson Cinematic Department



# OUR TEAM

## Artists-in-Residence

Dylan Bauer  
Bob Drost  
Heidi Drost  
Kianna Godoy  
Amy Irizarry  
Brooke McKinney  
Lisa Miyares  
Matt Richards  
Abigail Santos  
Jill Swanson

## Executive Director

Christy Ponder

## Board of Directors

Toni Boudreaux- *Board Chair*  
Meredith Matthews- *Secretary*  
Judy Powell- *Treasurer*  
Kerri Carter  
Casey Cohen  
Teresa Graham  
Laird  
Michele D. Lee  
Heidi McLeod  
Hillary Whitaker

## Board of Advisors

Lori Guadagno - *Co-founder*  
Lisa Landwirth Ullmann -  
*Co-founder*  
Bebe Alexander  
Brooks Cannon  
Cynthia Jacoby Greene  
Jennifer Guthrie  
Sam Hall  
Katherine Loeb  
Robert Monsky  
Melissa Roland  
Kathy Soler-Sala

## Honorary Trustees

Louise Freshman Brown  
Suzanne McCormick Taylor  
Karen Wolfson

## Interns

Elysa Adams  
Jamie Getman  
Jaycee Guttormson

## Volunteers

Patsy Moore  
Helen Meatte  
Janet Massey  
Teresa Graham



**You can be a part  
of our story!**

## Get involved by:

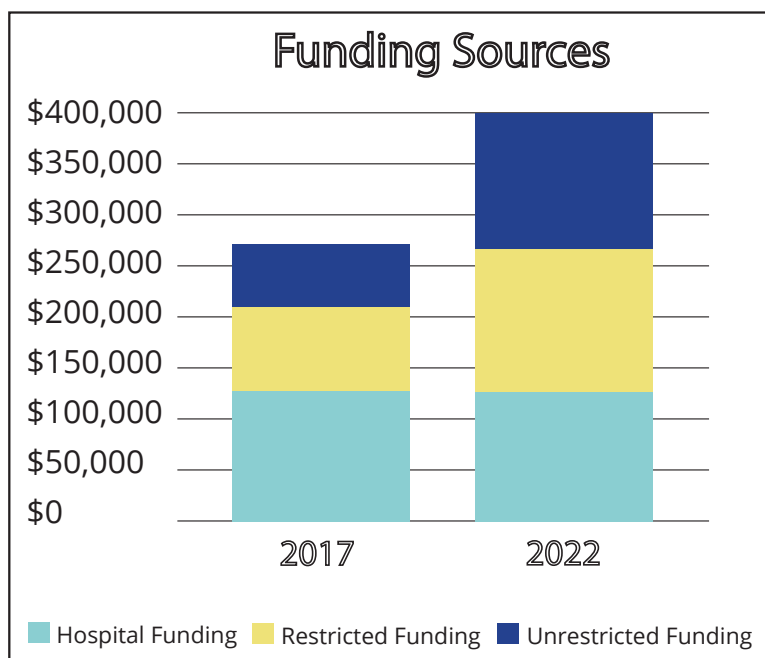
1. Making a tax-deductible donation
2. Getting involved as a volunteer
3. Engaging with us on social media



# FUNDING



- **Ascension St. Vincent's Foundation:** Kids Together Against Cancer (KTAC) group art sessions (2.5 hours per month)
- **Baptist Foundation:** Adult and Geriatric BH (6 hours a week)
- **Cultural Council of Greater Jacksonville and the City of Jacksonville**
- **Culture Builds Florida:** Artist-in-Residence at WCH (20 hours a week)
- **Cummer Family Foundation:** Artist-in-Residence at WCH for (20 hours a week)
- **Florida Blue Foundation:** *What Lifts You Up?* (2022 patient art exhibition)
- **Hall-Halliburton Foundation:** Group art sessions WCH Behavioral Health (3 hours a week)/ funding for weekends in WCH
- **Mayo Clinic:** Bedside art sessions at Mayo Clinic San Pablo (12 hours a week)
- **Nemours Foundation:** Caricatures and Jewelry in Nemours Children's Health hematology/oncology waiting room (18 hours a week)
- **The Tom Coughlin Jay Fund:** Art sessions in Nemours Children's Health hematology/oncology waiting room (12 hours a week)
- **Share MD:** Office space
- **Wolfson Children's Hospital:** Bedside and group art sessions at WCH (30 + hours a week)
- **Woodcock Foundation:** Music sessions in WCH Pediatric Behavioral Health (2 hours a week)





# SPONSORS

and PARTNERS

The success of  
our programs  
would not be  
possible without  
support from  
our sponsors  
and partners!



Cultural Council  
OF GREATER JACKSONVILLE



CUMMER FAMILY  
FOUNDATION





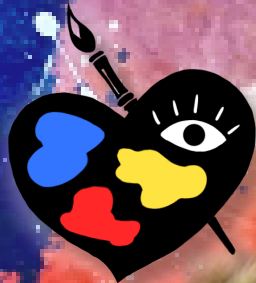
# THANK YOU

for your support in 2022!



*Art gives patients and their families hope and healing during hard times.*





# ***Art with a Heart* in Healthcare**

**Scan the QR code or go  
to [www.awahih.org](http://www.awahih.org) to  
visit our website today!**



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Email us: [info@awahih.org](mailto:info@awahih.org)**

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Jacksonville, FL 32207**