Meredith is an Atlantic Beach native who received her BFA in Painting and MA in Art Education from the University of Florida. She has worked in design and art direction for various publications, as an arts writer, art and museum educator, and associate at several regional art galleries. She has been *Arbus Magazine*'s assistant publisher for ten years, during which time she has edited and designed many stories on Art With a Heart in Healthcare. Meredith paints on commission and has pieces in various collections, including a triptych commissioned for Jacksonville University President Tim Cost. She was an Art Ventures Individual Artist grant recipient for her "Revisiting Jacksonville" painting series in 2013. Meredith lives in Atlantic Beach with her husband, Scott, a professor of history at FSCJ, and their daughter, Leighton, a second-grader at Atlantic Beach Elementary.